

FSP Foundations Learning Pathway FAQ

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Overview

FSP Foundations is a learning pathway designed for a range of service providers (e.g., case managers, mental health clinicians, nurse practitioners, housing specialists, peer providers, and substance use specialists among others) providing client care in Full Service Partnership (FSP) programs. It is ideal for both new staff and seasoned mental health providers to support them in grounding their work in evidence-based practices and strengthening skills to work with clients with severe mental illness, including those with challenges related to substance use, housing instability, and frequent hospitalizations.

Navigating the Pathway (time, live vs. anytime trainings, tracking progress)

Q: This pathway says it's ~80 hours. What will that amount to weekly/monthly?

A: The durations of Core Trainings are noted on the pathway page and these range from 6-10.5 hours. For Special Topics, when perusing the elective options, you'll see durations of recorded anytime trainings and live training dates noted on the individual training registration pages. Most Special Topic trainings range between 1-5 hours. We then also ask learners to participate in 6 hours of Learning

Communities per season, which can be divided up across months however fits their schedule best. On average, this all adds up to only 6-7 hours per month.

Q: What is a milestone?

A: To best organize the series of trainings, we grouped them into 4 seasons (Fall, Winter, Spring, Summer) which serve as milestones. This helps you as the learner more easily pace your progress and plan your training schedule.

Q: What is an “anytime” training?

A: An “anytime” training is a recording of a training we have hosted/facilitated live before. You will often see both options for an “anytime” training or a virtual live training for one training title on its registration page, which means you have the option to register for its live dates OR view its recording. The recordings can be viewed at your own pace. Some of our trainings are “anytime” only, some are live only, and many have both options. For info on CEs, see last section of this FAQ

Q: How will PMHP know if I’ve attended a training, completed a milestone, or participated in a Learning Community?

A: The Wellbeing for LA Learning Center tracks registration and attendance for live and anytime trainings, which will automatically be reflected on your pathway. For Learning Community credit, learners will need to check a box at the end of each milestone attesting to participation in 6 hours of Learning Community activities in a season. For all activities, PMHP will periodically verify participation.

Q: I started after September 2022, is that okay?

A: Yes! We suggest learners aim to join the pathway at the beginning of a season (Sept 15, Dec 1, March 1, June 1). Learners who start in the middle of a season have the option to “catch-up” via anytime recorded training content.

Q: I can't make any of the live training dates, is that okay?

A: Yes! We have live and “anytime” recorded trainings available across topics for this reason. We want the experience of moving through the pathway to be flexible, low stress, and tailored to the individual, and can work 1-on-1 with folks to co-create a schedule that works for them.

Q: Is there a time limit on completing the pathway?

A: No. We designed the pathway to be completed in 1-year, but if more time is needed, no problem.

Q: I have very little time leftover after my job duties, how can I find the time to complete this pathway?

A: Continuous learning is an essential part of any clinical practice, and your clinical program should have plans in place to ensure that you can take advantage of high-quality learning opportunities. We suggest speaking with your supervisor about the options within the Learning Pathway. Look for short trainings and watch “anytime” videos on your schedule to make learning more accessible, even when you’re busy with clinical tasks.

Q: I'm a supervisor. How can I best utilize this pathway with my staff?

A: Some staff members or teams might find it helpful to have timelines and benchmarks set for learning opportunities. This can make it more likely for essential continuous learning to take place. If your staff will look to you for encouragement to take advantage of the Learning Pathway, consider setting goals that can be reviewed during supervision, and consider whether some trainings could be taken together

as a team. The pathway can also be used as an onboarding tool for new staff or as a review for more seasoned staff.

Learning Communities and participating in them

Q: What are Learning Communities?

A: DMH + UCLA Public Mental Health Partnership hosts a few different types of ongoing live virtual meetings arranged around different topics or roles. Current offerings include Learning Exchanges for 1) Supervisors, 2) Case Managers, and 3) Psychiatrists/NPs. And two Communities of Practice on 1) Productive Role and 2) Person-centered Care. We also host a 30-minute Self-Care Break called Recess Wednesday bi-weekly. More information and links to these meetings can be found on [PMHP's channel page](#) on the Wellbeing for LA Learning Center.

Q: What is the difference between a Learning Exchange and a Community of Practice?

A: Learning Exchanges are less structured, do not require any commitment, and agendas are co-created by participants and facilitators often during the meeting itself. These meetings occur ongoing and at times have guest speakers. Communities of Practice are more structured, occur for a set # of sessions (e.g., 6 months), are best utilized if participants commit to the majority of sessions, and have some pre-planned content and format.

Q: What is a Learning Community Page?

A: A Learning Community Page is a resource and discussion page in the learning center geared towards a specific topic. These pages serve as both virtual spaces to interact with other learners through message board posting as well as the homes of meeting links for affiliated ongoing live virtual meetings called Learning Exchanges and Communities of Practice.

FSP Foundations has its own [Learning Community Page](#). Learners can also visit other PMHP Learning Community Pages by topic/group such as the Case Managers Learning Community Page. This is a great option for those who are unable to attend any of our live Learning Community meetings (e.g., Case Managers Learning Exchange, Person-Centered Community of Practice). These Learning Community Pages are listed on [PMHP's channel page](#) on the Wellbeing for LA Learning Center.

Q: How do I get credit for my Learning Community participation hours?

A: You can get participation hours in two ways: 1) attending live virtual meetings, 2) posting two messages on the message board (2 posts = 1 hour of participation).

CEs, Certificate, and Feedback

Q: What's this about a certificate?

A: We are offering a certificate of completion that can be added to learners' resumes with an official description of the FSP Foundations training pathway.

Q: What about Continuing Education units?

A: The majority of our live training offerings have APA CE units available (SW, MFT, and Psychologists can use). Our "anytime" recorded trainings generally do not offer CEs, apart from one instance:

Recovery-Oriented Care Training Collaborative was converted into an asynchronous course that does have CEs. Please visit individual training pages to see if a training offers CEs.

Q: I have some feedback on the experience of navigating the pathway or trainings. How can I share this?

A: We have evaluations at the end of all trainings to give direct feedback. We also plan to collect input from users on the pathway in the "academic year" via focus groups or surveys. We also welcome feedback and questions at pmhp@mednet.ucla.edu.